

St. James Episcopal Church

**LENTEN COMMITMENT  
2006**

I, \_\_\_\_\_

intend to keep a Holy Lent by **abstaining from:**

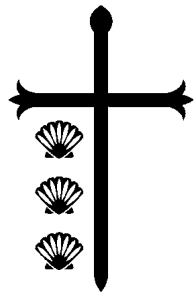
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and by **undertaking** these new commitments:

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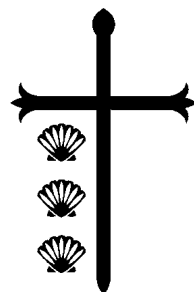
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